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| **MWSA Policy** |  |  |  |

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| **Policy Type:** |
| Structure | Objectives | Registration | Game Regulation | Discipline | SecurityX |

**Title: Coach Return to Play Guidelines**

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| Waivers & Declarations | All Team Officials must read and sign the Assumption of Risk Waiver and Declaration of Compliance waiver (Available on the EMSA Soccer Portal) Prior to being able to participate in any sanctioned activity. |
| Number of Team Officials | Alberta Soccer recommends all team officials be over the age of 18 and limit to only 2 officials in chargeA team official may participate in coaching 2 different cohorts so as long as physical distancing is maintained. |
| Participation | Vulnerable persons such as older adults or individuals with underlying medical conditions or who are at risk due to compromised immune system must NOT participate. |
| Spectators | Spectators are allowed up to 100 people so as long as 2 meter social distancing between households can be met. |
| Event Management | Participants must sanitize where necessary and depart the event location immediately following the end of training or the game. This means no socializing and hanging around the event location afterwards. |
| Equipment | One official only will need to be responsible for handling all training / game equipment. This person will also be responsible to ensure proper sanitization directly BEFORE and AFTER any training sessions or games.Cones should be used to set up physical distancing guidelines for spectators.During games the touching of equipment by participants should be limited to the ball only and should be monitored throughout the game for moments when then ball is able to be disinfected.For training sessions coaches should encourage participants to bring their own ball to limit sharing of common equipment.Goalies should not share gloves, each goalie should have their own goalie jersey and gloves.All participants (coaches and players) should disinfect their shows prior to to removal. |
| Food & Drink | Parents and players will be advised not to bring any food to the field, water bottles must be labelled and cannot be shared.. |
| Personal Protective Equipment | All Head coaches will be provided with a PPE package which is designed to be used for first Aid or and personal use. The package will include 4 face masks, 4 sets of non-latex gloves (2med & 2large) 1 250ml bottle of Hand Sanitizer minimum. |
| First Aid | In the event that a player requires basic first aid consider having a family member on site attend to the injured player. If not possible the coach may attend to the player but must wear the PPE provided. |
| Hygiene | All participants must sanitize before during and after any training or games Remind players prior to each game to limit the touching of their faces, and practice good respiratory hygiene. Any sneezing or coughing to be done into the crook of their elbow then they should swiftly use hand sanitizer to disinfect. No spitting on the field or clearing of nasal passages and limit use of tissues, parents should be responsible to provide their child a sealed container in the event a tissue is needed.Spectators are discouraged from loud cheering on the sidelines. Limit group celebrations and other customs during activities (e.g., handshakes, high fives, fist bumps) |
| Health Check | A designated coach must be in charge to provide the “COVID-19 symptoms check list” to ensure participants (coaches/athletes) are not experiencing any symptoms related to COVID-19. The check list will be provided to coaches and they should be asking their players these questions away from one another so that players are not swayed by fellow athlete’s responses. The list of questions must be followed exactly and if a participant declares some symptoms related to COVID-19, they must be sent home immediately.If an individual is experiencing symptoms of fever, cough, shortness of breath, runny nose or sore throat they are legally obligated to self isolate & as per the signed declaration of compliance they are not able to return to soccer for 14 days from the last day they experienced symptoms |
| Contact Tracing | Contact tracing is logs of all parties in attendance at events, this includes coaches, players & parents.The coach is required to set up contact tracing for all soccer related activities (training or games). The contact tracing must be performed through Team Snap which will be provided by the Mill Woods Zone. (instructions will be provided on how to use this)The coach is responsible to ensure that every player/coach/parent is logged into the team snap app prior to commencing any activity. The Logs must be kept at minimum for 2 weeks, however Team Snap will allow this information to remain available for the entire season which is ideal in case any player or parent falls ill.It is highly recommended that all team officials download the Alberta government contact tracing app. |
| Response Plan | A MWSA Zone Response Plan is in place in the event issues are reported through screening or self-reporting of symptomatic participant. This plan must be followed by all parties. |

Coach / Team Official Check List

Before You Leave

* DO NOT leave home if you are feeling unwell or showing signs of COVID-19.
* Check field closures
* Eat before you come (no food at the field)
* Thoroughly wash your hands with soap and warm water prior to leaving your home
* Thoroughly wash water bottles with soap and warm water
* Bring thoroughly washed/ sanitized equipment only
* Use the washroom before you leave your home
* Register your attendance on Contact tracing

Arrival at the Field/Facility

* Set up established social distancing ‘grids’ for participants (recommend use of cones)
* Respect social distancing
* Complete active symptom screening for all players and coaches
* DO NOT share water bottles
* Sanitize shared equipment as often as possible
* Wear PPE (mask & gloves) when dealing with an injured player
* Consider also bringing personal hand santizer

After activity is Complete

* Sanitize all shared equipment (balls, cones etc) between groups arrival and departure
* Take down any social distancing grids and sanitize
* Respect social distancing guidelines
* Sanitize shoes prior to removal
* Thoroughly wash water bottle with soap and water
* Thoroughly wash equipment (uniforms, socks, shin pads, personal ball)
* Wash hands thoroughly with soap and water.

**Purpose:** To provide a minimum standard and guidelines that coaches must adhere to following the COVID-19 outbreak in order to return to play. This guide is subject to change and if revised will be distributed accordingly.